

OPPORTUNITIES FOR ALL.



Through our youth organization

Achieve in Color, we build partnerships
to encourage, educate, and inspire
tomorrow's leaders.

Since 2017, we've connected volunteers, non-profits, and local businesses to K-12 schools to help close the opportunity gap impacting low-income and minority children.

WE INVITE YOU TO BREATHE WITH US.



Learn More

breatheincolor.shop breatheincolorinfo@gmail.com IG: @breatheincolor_

> Visit Our Studio Space 1872 Mill St Unit B10 Tallahassee, FL 32310

Give Us a Call or Text
Teylor Parks, Founder & CEC
404.822.7576

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CREATIVE WELLNESS FOR ALL.



















Encouraging collective growth through flow workshops, brand activations, and community programs.



Breathe in Color is dedicated to making creative wellness activities accessible to all through our in-person programming and studio rentals.

STUDIO WORKSHOPS

- Pole Fitness, Lyra, and Yoga
- Crochet, Sewing, and Paint Classes
- Guided Meditation and Affirmations

These workshops are taught regularly at our Tallahassee, Florida location and as requested in spaces throughout the southeast.

EVENT SPACE RENTALS

Our 1000 sq foot event space in Tallahassee, Florida, is available for citizens, local businesses, nonprofits, and student organizations seeking a secure venue to celebrate or bring their ideas to fruition.

OUR BRAND ACTIVATIONS

We help brands connect with their community and customers through experiential marketing activations.



We strategize and execute memorable, interactive experiences, backed by radio and digital marketing promotion.

PARTNERS WE'VE WORKED WITH

Florida A&M University

Mental Health Council of the Big Bend

ACASA Apartments

Hustlers Hollywood

Talk Lift Heal Gym

Frequency Revival Festival

Care Free Black Girl Inc.

